



beans

Spirit Bear Organic Fair Trade Coffee our house coffee	4.5
Espresso Single extra shot	5 1
Cappuccino/Latte Espresso extra shot	5.5 1

juices

orange, grapefruit, apple or pineapple	5
cranberry, tomato, V8 or clamato	5
fresh squeezed orange or grapefruit	9

leaves

Organic Two Leaves & a Bud Teas breakfast, earl grey, darjeeling, chai, green, peppermint, alpine berry, chamomile	4.5
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SILK ROAD Loose Leaf Teas

locally blended premium teas

5

Euphoria Inn at Laurel Point's exclusive tea blend to gently calm the soul & lift the spirit	Herbal Tea
Angelwater – tea of serenity a subtle, sweet & mellow cup of tea	Herbal Tea
Philosopher's Brew – tea of enlightenment a luscious, lemony cup of tea with a bright golden hue	Herbal Tea
Silk Road Chai – warms the body & soul a well balanced composition of aromatic spices & mellow	Black Tea black tea
Imperial Earl Grey – absolutely earl grey ceylon black tea with bergamot fruit essence	Black Tea
Japanese Sour Cherry – cherry haiku delicate cherry sencha with a beguiling, fruity aroma	Green Tea
Gen Mai Cha –tea of harmony with roasted rice, showing a nutty & toasty flavor and sweet finish	Green Tea
Waterfall – sacred offerings lightly roasted warm notes with a delicate, fresh, spring flavor	Oolong Tea

Good Morning!

Point Breakfast 17
two free range eggs any style,
choice of bacon, ham or pork sausage,
sesame ginger kale salad,
parmesan home fries, choice of toast

Continental 16
choice of breakfast pastry,
coconut yogurt & granola parfait,
fruit & nut power bar, sliced fresh fruit,
juice cleanse shot

French Toast 18
whipped vanilla & matcha cream cheese,
strawberries, maple syrup

Avo-Toast 17
sliced avocado, coconut pandan jam,
medium poached free range egg,
charcoal sourdough

Build Your Own Omelet 19
free range eggs,
sesame ginger kale salad,
parmesan home fries, choice of toast

choose two ingredients:
ham, house cured bacon, goat cheese,
aged BC cheddar, BC mushrooms,
local tomato, spinach, avocado, green onion

egg whites instead 2

additional ingredients 1

Eggs Benny half 12 full 18
two free range poached eggs,
Canadian back bacon, English muffin,
hollandaise sauce, sesame ginger kale salad,
parmesan home fries

Steak & Eggs 24
sliced flatiron steak,
two free-range eggs any style,
sesame ginger kale salad,
parmesan home fries, choice of toast

Porridge 14
Canadian steel cut oats, stonefruit compote,
pistachio praline, vanilla mascarpone

Vegetarian Bowl 18
quinoa, BC mushrooms, kale,
cherry tomatoes, onion & peppers,
gochujang sesame dressing,
soft poached free-range egg

Fruit Plate 14
fresh sliced fruit, summer berries

Breakfast

7:00am to 11:00am

sides

ham, bacon, or pork sausage 6
assorted dry cereal and fruit 8
fresh fruit bowl 9
yogurt 4
inn-baked muffin, croissant, breakfast pastry 5
parmesan home fries 4
sliced half avocado 4
toast – white, whole wheat, 4
multigrain, marble rye
gluten free toast 5
bagel & cream cheese 7
one egg 3
sliced tomato 3
substitute fruit for home fries 1
substitute gluten free bread/english muffin 2
inn-made juice cleanse shot 6

